Covid-19 vaccination in Bergen

Here you will find information for all age groups wishing to book an appointment to get the Covid-19 vaccine.

Vaccination of adults and adolescents over the age of 16

All residents over the age of 16 can book a vaccination appointment. You can read more about how to get a vaccination appointment under the section "Here you get the corona vaccine". You can also read more about the Covid-19 vaccine and information to the public on the HelseNorge website.

How to get the 4th booster dose

You can book an appointment by calling the Office for Infection Control in Bergen Helsehus on 55 56 58 80 or digitally on <u>Helsenorge</u>. You must make an appointment, there is no Drop-In service here.

In addition, some GPs are offering vaccination. Check your GP's website for further details.

Nursing home residents will be offered the booster dose there.

Interval

The recommended interval between the third and fourth booster doses (doses 5 and 6) is six months.

The recommendation to get a new booster dose also applies if you have had Covid-19. Please allow minimum three months between coronavirus infection and revaccination.

Specifically about the 4th booster dose (dose 6)

For people over the age of 65

The national authorities *recommend* that residents over the age of 65 get a new booster dose (dose 6) of the Covid-19 vaccine. Nursing home residents will be offered the fourth booster dose there.

For people between the ages of 18 and 64 who are in a risk group

The Norwegian Institute of Public Health (FHI) *recommends* that persons between 18 and 64 years of age with serious underlying conditions receive the fourth booster dose. Read about the diseases and conditions that are defined as medical risk groups on the FHI website.

For people between the ages of 18 and 64 who are not in a risk group

The national authorities have allowed persons in the age group 18 to 64 years without an underlying risk of a serious course of illness to receive a booster dose if desired. The FHI has not made any specific recommendations for this group. There will be a fee of 225 NOK for the vaccination. Read more about booster doses on the FHI's website.

Vaccination of adolescents between 12 and 15 years of age

Parents with legal responsibility for their children aged 12 to 15 can book a vaccination appointment for such children. The Pfizer vaccine is used for all individuals under the age of 30. See "How to book an appointment for Covid-19 vaccination" for details.

Read about recommendations and offers of vaccination of children and adolescents on the FHI website

Requirement for parental consent

Children under the age of 16 must have written consent from both parents with parental responsibility in order to receive the vaccine. A separate parental consent form is required for each vaccine dose. In addition, one of the parents who has signed the form must accompany the child to the vaccination for each dose. See the *Vaccination Consent Form for Parents and Guardians* on the last page of this document.

For parents or guardians with sole parental responsibility, you must provide documentation. Below are examples of approved documentation that you have sole parental responsibility for your child:

- Written confirmation from the School Health Service
- Certificate from the Norwegian Tax Administration
- Certificate from UDI
- Confirmation from NAV that you have sole parental responsibility
- Death certificate

Read more about Covid-19 vaccination for adolescents aged 12-15

On the day of vaccination

Bring a valid photo ID.

Do not show up if you are sick or have a temperature above 38 degrees. Instead, call the Office for Infection Control for a new appointment on telephone 55 56 58 80, or send an e-mail to <u>smittevernet@bergen.kommune.no.</u> Please, never share sensitive information in e-mails.

Public transport and parking

The Office for Infection Control is located in Bergen Helsehus, Solheimsgaten 9, 4th floor, 5058 Bergen (see map). Use entrance C and ramp up to parking deck on second floor.

You can use the light rail and bus to Danmarksplass. Parking at Bergen Helsehus is paid via Sesam Sesam or vending machine outside the entrance to Bergen Emergency Clinic.

Change of appointment

If you need to change your assigned appointment, please contact the Infection Control Office on telephone 55 56 58 80.

Covid-19 vaccination for people with severe immunodeficiency

For adults over 18 years of age with severe immunodeficiency, primary vaccination consists of three doses of Covid-19 vaccine. Additionally, two booster doses are recommended for this group.

Adolescents with a severely weakened immune system should also receive three doses for primary vaccination. Additionally, the Norwegian Institute of Public Health recommends a First Booster dose for children and adolescents in the age group 12 to 17 who have serious underlying conditions or immunodeficiency.

- Organ transplant
- Immunodeficiency
- Hematologic (blood) cancer in the last 5 years
- Other active cancer, ongoing or recently finished treatment for cancer (especially immunosuppressive therapy, radiation therapy to the lungs or chemotherapy)
- Neurological or muscular disease with impaired coughing strength or lung function (e.g., ALS and cerebral palsy)
- Downs Syndrome
- Chronic kidney disease or significantly impaired renal function
- Chronic liver disease or significantly impaired liver function
- Immunosuppressive therapy, e.g. with autoimmune diseases
- Diabetes (particularly patients with chronic or poorly managed disease or complications)
- Chronic lung disease, including severe asthma that has required the use of high-dose inhaled steroids or steroid tablets during the last year
- Obesity with body mass index (BMI) of \geq 35 kg/m2 or higher
- Dementia
- Chronic cardiovascular disease (except high blood pressure)
- Stroke
- Other serious and / or chronic diseases may also increase the risk of a severe disease course. If you are unsure whether you are in a risk group, consult your doctor.

Advice for pregnant women

Read about Covid-19 vaccination for pregnant women on the FHI website.

Worried about the jab?

If you have any sort of problems or special needs related to the vaccination, please do not hesitate to let us make special arrangements for you.

Afraid of needles?

The Office for Infection Control makes special arrangements for those who are anxious or fearful. Please just call us on telephone 55 56 58 80 or e-mail us at: <u>smittevernet@bergen.kommune.no</u>. And remember, never share sensitive information in e-mails.

About our Covid-19 vaccines

In Bergen we use the **Pfizer** mRNA vaccine at the Office for Infection Control and in local pharmacies.

Read about potential side effects and symptoms after vaccination on FHI webside.

If you are unable to access digital services

People with a Norwegian national identification number or D number who are unable to use digital solutions can receive free assistance from the Office for Infection Control for the following:

- Post-registration of a COVID-19 vaccine received abroad. Vaccines can be post-registered regardless of where they are taken, but they must be approved by the European Medicines Agency (EMA)
- Issue an international vaccination card (yellow card), there will be a fee of 100 NOK

For assistance, telephone the Office for Infection Control on 55 56 58 80 or send an e-mail to: <u>smittevernet@bergen.kommune.no</u> Kindly remember that health information is sensitive personal data and must **not** be sent by e-mail.

The Infection Control Office *cannot* help you with:

Registration of previous COVID-19 infection abroad or via a positive self-test.



Vaccination Consent Form for Parents and Guardians

I/we would like my/our child to be vaccinated against COVID-19. Child's name: ______ Child's national ID no. ______ City District: Name of school: Parents with parental responsibility: Both parents with parental responsibility must sign the Consent Form. You must hand in a separate Consent Form for each dose of vaccine. NB! If you have sole parental responsibility, only you need to sign, however, you must take documentation of sole parental responsibility to the Vaccination Centre. Parent 1: Full name (please write clearly): Date and place: _____ Telephone no.: _____ Consent to the dose of vaccine the child is now receiving: (Write "Yes" to consent) Primary vaccination: Dose 1: ____ Dose 2: ____ Dose 3: (only children with seriously compromised immune systems*)____ First booster shot: (only children with seriously compromised immune system or serious medical condition*) Signature: Parent 2: Full name (please write clearly):_____ Date and place: _____ Telephone no.: _____ Consent to the dose of vaccine the child is now receiving: (Write "Yes" to consent) Primary vaccination: Dose 1: ____ Dose 2: ____ Dose 3: (only children with seriously compromised immune systems*) _____ First booster shot: (only children with seriously compromised immune system or serious medical condition*) Signature: _____

* Remember to bring medical documentation to show that your child is in the risk group being offered the third primary dose of a COVID-19 vaccine or the first booster dose.